

Lost and Found

Advanced
Line Dance

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Music by Train; CD a girl a bottle a boat, Track 10,
Choreo: Michael and Nils Brammer and Sandra Heimann

Dauer: 03:28

Sequence: A, B, C*, A, B, C, D, B, C, E

Wait 32 Beats

A:

Sweet Trumpet DS DS(xif)/Toe(ib) Toe(ib) BA/H UP/SL STO DS TNDown RS
L R L L L R R L R L R LR
&1 e&a 2 3 & 4 5 &6 e&a7 &8

TSS DS TNDown(xif) Tch(xib)-turn ½ L- BA/H UP/SL
L R L R L L R
&1 e&a2 & & 4

STO DS DS(ib) SLR(bwd) S
L R L R R
5 &6 &7 & 8

repeat **1 time** with same Footwork

B:

Laura's Bounce S DS(xif) S(ots) S(xib)BO S/H (Pause) UP/SL DS RS SLR(**1/2R**) UP/H
L R L R both L R R L R LR L L R
1 &2 & 3 & 4 & 5 &6 &7 & 8

**Canadian Quarter
(no Turn)** DS DT HOP TCH KK(ots) S RS
L R L R R R LR
&1 e&a 2 & 3 &4

Flatfoot DS TNDown TNDown TNDown
L R L R
&1 e&a2 e&a3 e&a4

Repeat **1 time** with same footwork

C:

Tap Synco DS DT S(xif) S DT S(ots) S DT S(xif) S
L R R L R R L R R L
&1 e&a 2 e&a 3 e&a 4

Buck Run & Lift BA Toe(xib) BA H BA H BA Toe(xib) BA H BA H UP/H
L R R L L R R L L R R L L R
1 e & a 2 e & a 3 e & a 4

Repeat **3 times** with opposite footwork

C*:

dance part C but repeat only **1 time**

D:

2 Canadian DS DT HOP TCH
 R L R L
 &1 e& a 2

Rock Double RS DS DS RS (turn $\frac{1}{4}$ L on first RS)
 LR L R LR
 &1 &2 &3 &4

Repeat **3 times** with same footwork

E:

Bella Synco DS HOP H(xif) S DS HOP T(xib) BA
 L L R R L L R R
 &1 & a 2 &3 & a 4

 DS DT S(xif) S DT S(ots) S DT S(xif) S
 L R R L R R L R R L
 &5 e& a 6 e& a 7 e& a 8

2 Canadian DS DT HOP TCH (turn each $\frac{1}{4}$ R)
 R L R L
 &1 e& a 2

Tennessee Down DS TNDown TNDown RS
Basic R L R LR
 &1 e&a2 e&a3 &4

Repeat **1 time** with same footwork and add

Step L S
 L
 1

Have a nice trip home ----- Have a nice trip home ----- Have a nice trip home

Step explanation:

TNDown SK Pop SLP S
 L R L R
 R L R L
 e & a 1